



Capital City Sailing Association Mayor's Cup Regatta – September 06, 2025

SAILING INSTRUCTIONS

These Sailing Instructions (SI's) are intended to help the regatta run as smoothly as possible, and are also intended to be *educational* (they reflect much of the SI's used at other regattas).

1. RULES

- a. The regatta will be governed by the Rules as defined in the current version of the **Racing Rules of Sailing (RRS)**.
- b. If there is a conflict between the Notice of Race and these Sailing Instructions, these Sailing Instructions (and any updates) will take precedence.
- c. Touching a mark requires one (1) 360 degree penalty turn. A right-of-way infringement will require two (2) 360 degree penalty turns (see Rule 44 Penalties at time of incident, in RRS).

2. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on a notice board located under the shelter adjacent to the boat yard.

3. CHANGES TO THE SAILING INSTRUCTIONS

- a. Note that the SI may be edited up to and during the day of the regatta and any change to the Sailing Instructions will be posted no later than 10am (10:00) on the day of the regatta.

4. SCHEDULE

- a. The complete schedule is posted in the NOR.
 - i. Three races for the class racing in the morning and three races for the mixed fleet racing in the afternoon are anticipated.
 - ii. Depending on wind conditions, boats may sail two-lap races in the class racing in the morning.
 - iii. Depending on wind conditions, the mixed fleet racing in the afternoon may comprise two-lap races.

5. RACING AREA

- a. The racing area will be the waters of Binder Lake.

6. CLASS FLAGS

- a. The class flag(s) for class racing in the morning and for the mixed fleet racing in the afternoon will be defined during the Skippers & Crew meetings.

7. COURSE

- a. The course to be sailed is illustrated in Figure 2, including the order of rounding. Each single mark shall be rounded, leaving it to port.
- b. There will be an offset mark at the windward mark (mark 1A).
- c. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one gate mark is present, it shall be rounded as a single mark to port.
- d. The course direction (Southerly Wind or Northerly Wind) will be communicated during the Skipper & Crew meeting under the shelter on the day of the event.

8. MARKS

- a. The windward mark will be an orange mark (mark 1).
- b. The offset mark at the windward end of the course will be an orange mark (mark 1A).
- c. The leeward gate marks will be orange marks (mark 2G).

9. START LINE

- a. The starboard end of the Start Line will be marked by an orange flag on the anchored race committee boat (MV Windy)
- b. The pin end of the start line will be marked by a red/orange buoy.
- c. The Start Line will be open during each race.

10. FINISH LINE

- a. The finishing line will be the same as the Start line.
- b. The finish of each race will be in the same direction as the start (regardless of any change in the wind direction during the race).

11. REGATTA HERO (RH)

- a. The **Regatta Hero** app will be used by the Race Officer to commence and record each race. Participants in the morning One Design class racing and those participating in the afternoon Mixed Fleet racing (for the Mayor's Cup) should have a suitable phone secured on board each boat (a different process will be used should there be racing for junior sailors).
- b. The Regatta Hero app is downloadable from your app store (iOS / Android).
- c. Before logging in to RH, select the **About Regatta Hero** on the opening screen and read the information provided and toggle the two grey buttons to orange.
- d. Enter the following login data to use RH for CCSA events (enter one-time only):
 - i. In the RH app select "Enter login data:
 - ii. For the organization enter: **ccsa**
 - iii. As a race participant enter the passcode: **817997**
- e. Name of the regatta in RH:
 - i. For racing in the morning: **Mayors Cup – am**
 - ii. For racing in the afternoon: **Mayors Cup – pm**

- f. Additional information on Regatta Hero:
 - i. A brief overview of Regatta Hero is provided in the following video:
<https://www.youtube.com/watch?v=Amr7YIsotWQ>
 - ii. The initial setup of the app for regatta participants is explained in the following 60 second videos:
 - 1. For iOS: <https://www.youtube.com/shorts/dBR8b9NaxuU> or
 - 2. For Android: <https://www.youtube.com/shorts/m5e7pvX6-9Y>
 - iii. Additional information on configuring Android phones to function correctly is provided in the Manual for RH.
 - iv. There is a PDF manual for Regatta Hero:
<https://www.regattahero.com/manual/en/index.pdf>

or a html based online manual with the same content:
<https://www.regattahero.com/manual/en>
- g. URL for spectators (to watch the race or the replays):
<https://www.regattahero.com/mapviewer/?organisation=ccsa&passcode=784682>

12. THE START

- a. The **Regatta Hero** (RH) app will be used to start each race and will record each participant in each race. Each competing boat should have a smart phone (in water-proof pouch which is available before racing (\$5)) with the RH app loaded and logged in to participate in the Mayor's Cup racing. All flag signals and associated sound signals will be provided via the RH app. Water-proof pouches with lanyard will be available before morning and afternoon racing (\$5).
- b. To race in the morning you need to select the "**Mayors Cup – am**" regatta name in RH **and then select the button - "Participate in the Regatta"**.
- c. To race in the afternoon you need to select the "**Mayors Cup – pm**" regatta name in RH **and then select the button "Participate in the Regatta"**.
- d. The starting procedure for each race will be according to RRS 26 - a summary of RRS 26 is provided in Figure 1. The start sequence in the RH app is the same as that provided in RRS 26.
- e. The starting line is as described in paragraph 9 above and is visible from the Shelter adjacent to the CCSA boat yard.
- f. Before each race the Orange Course Ready flag will be displayed in the RH app. The starting signal will commence soon thereafter.
- g. Boats not starting within 4 minutes of their starting signal shall be scored DNS (Did Not Start) without a hearing. This changes RRS A5.2.

13. GENERAL RECALLS

- a. Individual Recalls will be made in accordance with RRS 29.1 – Code Flag “X” (white with blue cross) and an accompanying sound signal (via RH app). Code Flag X will remain displayed in RH for 8 sec. The onus is on skippers to make the decision regarding whether or not they crossed the line early (individual recall). Failure to respond to an individual recall will be recorded by the RH app, and there will not be granted opportunity for redress.
- b. General Recalls will be made in accordance with RRS 29.2 – Code Flag “First Substitute” (yellow triangular pennant with blue border) and an accompanying sound signal via the RH app. Code Flag “First Substitute” will remain displayed in RH for 15 sec.

14. THE FINISH

- a. The finishing line will be the Starting line. Each boat must sail across the finish line for it to complete the course for each race.
- b. Boats that retire before finishing shall inform the Race Officer as soon as possible.

15. TIME LIMITS

- a. If no boat has passed the Windward mark of the first leg of a race, within 20 minutes, the race will be abandoned.
- b. If no boat has finished within 40 minutes of the start in accordance with Rule 28.1, the race will be abandoned.
- c. If any boats are well behind in a race, the Race Officer may terminate their race and score those boats at their position.

16. PROTESTS

- a. A boat that intends to protest about an incident that occurred in the racing area shall, if practical, notify the Race Officer of their intention, and the sail number of the boat(s) being protested. However, rule infractions should be exonerated on the water by taking the appropriate penalty (see section **1 c.** on p.1, at the soonest possible opportunity after the incident.
- b. Protest forms will be available near the official bulletin board (associated with the Shelter).
- c. A protest hearing (for both parties) will be held when possible after returning to the shore. The hearing will be held away from the shelter and will be orderly. Witnesses can be included.

17. SCORING

- a. One race in the Class racing and one race in the Mixed Fleet racing constitutes a Regatta.
- b. Up to three (3) One Design Class races (morning) and three (3) Mixed Fleet races (afternoon) are scheduled.

- c. The Low Point System of RRS Appendix A will apply. A boat's score will be the total of all its race scores with no score excluded. This changes RRS A2.1.

18. SAFETY AND SPORTSMANSHIP

- a. Competitors are reminded that they alone are responsible to decide whether to race, continue to race or participate in this event. See RRS 3, Decision to Race. The race organizers, including the Race Officer, protest committee, host club, sponsors or any other organization or official, shall not be responsible for damage to any boat or property, or injury to any competitor that may be sustained as a result of participation in this event.
- b. CCSA Members and all other sailors using CCSA boats are reminded of CCSA's rule which requires personal flotation devices (PFDs) to be worn at all times when on club-owned and personally owned boats (Rule 40, RRS). This will be indicated by the use of Flag Y.
- c. Each competitor is reminded that the rules of Sportsmanship and Fair Sailing apply, as stated in the Basic Principles and Fundamental Rules of the RRS. Sailing is a non-contact sport. Avoid a collision even when you have right of way.

26 STARTING RACES

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
5*	Class flag	One	Warning signal
4	P, I, Z, Z with I, U, or black flag	One	Preparatory signal
1	Preparatory flag removed	One long	One minute
0	Class flag removed	One	Starting signal

*or as stated in the notice of race or sailing instruction

The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.

Figure 1 Copy of the procedure for Starting Races from Racing Rules of Sailing (RRS) 26. This procedure is followed by the Regatta Hero (RH) app.

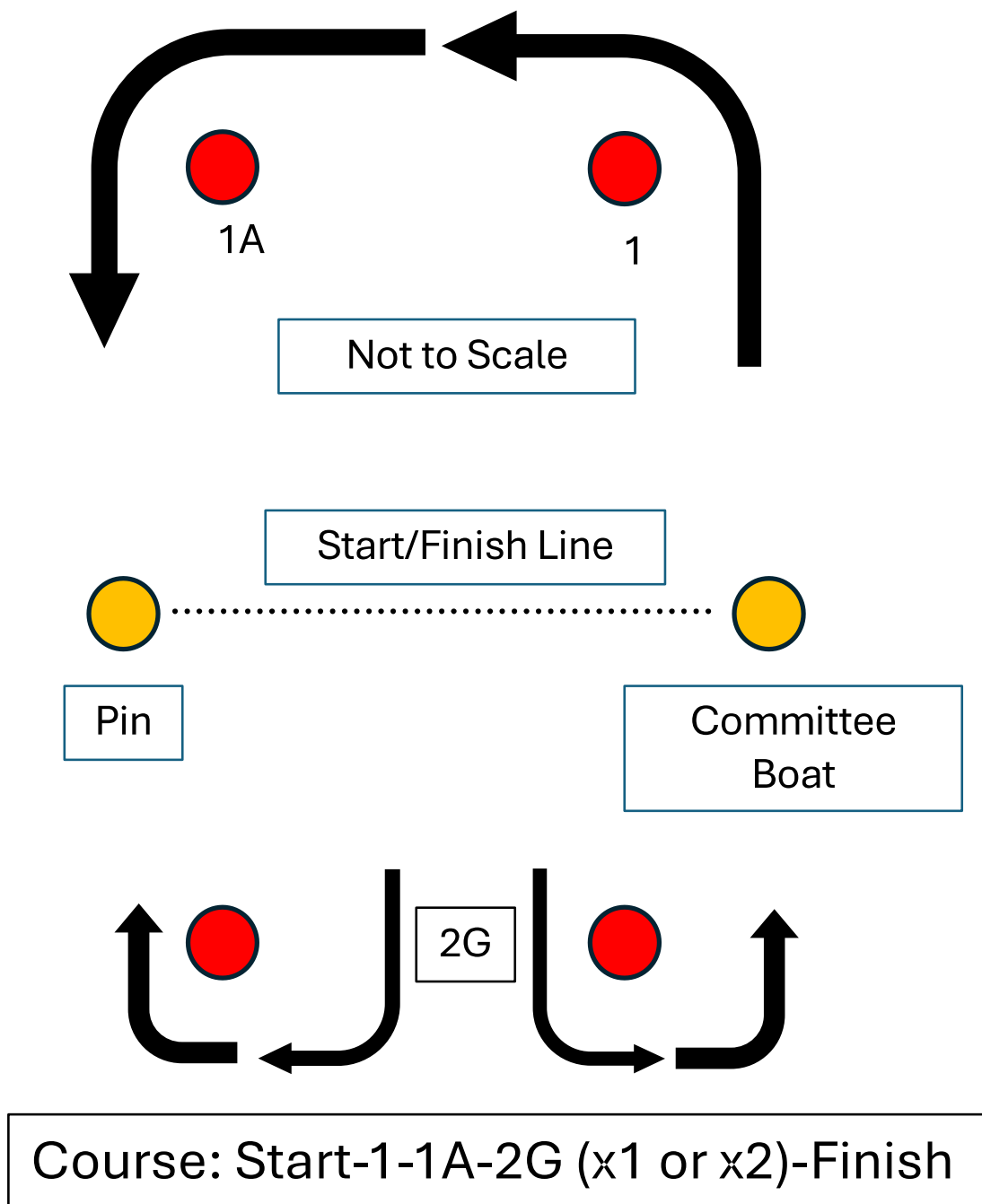


Figure 2 A diagram of the course to be sailed. If Sail Cubes/Optis participate in the Class racing in the morning, a shortened course will be provided.